The Link Noticeboard: Training course

THE 'M' TECHNIQUE®





The 'M' Technique® is a method of structured touch, designed to bring about the profound benefits of deep relaxation to the critically ill, and those who are physically or mentally fragile. The skills and content taught on the course are suitable for health professionals, complementary therapists, or anyone caring for someone with an advanced or chronic illness

'M' Technique® Practitioner courses are held regularly in the UK. To find one in your area, or to enquire about the 'M' Technique® Hand & Foot course for your hospice, please contact:- Philippa Hunter, 'M' Technique® Secretary UK. Tel: 01453 763103

email pharoma01@sky.com or go to www.mtechniquecourses.co.uk

20% discount on 'M' Technique® Practitioner course fees for NACTSPC members

The 'M' Technique® is accredited by FHT (Federation of Holistic Therapists), IFPA (International Federation of Professional Aromatherapists) and CThA (Complementary Therapists Association) for CPD credits and is insured by Balens Ltd.









