

## Letter from the Editor

Dear Friends,

Welcome to our latest edition of The Link for Summer 2024 ... keeping you updated on the latest news in the world of complementary therapies within supportive palliative care.

I would like to take this opportunity to thank those people who have very kindly contributed to the articles within this edition of The Link.

Your contributions to The Link are valued and appreciated ... this is your newsletter for you and information on how to submit your articles, research, published papers etc. can be found on page 15.

Finally in late June Summer arrived bringing very hot weather and it has been so lovely to see the beautiful sunshine and longer evenings after months of cloudy and wet days.

I thought the little quote below was very apt in our work as therapist in supportive and palliative care.

On 25 April 2024 we held the NACTSPC annual conference and 20th AGM at Castle Bromwich Hall Hotel. Included in this issue are features of the conference along with notes from our AGM.

Other news to report, our committee members Angela Green and Kallika Bruce will be working together as Regional Group Coordinator.

We would also like to welcome Sally Chapman and Janice Blakeway to the committee who will be helping to support NACTSPC with social media uploads and minutes of committee meetings.

Liesl Hopkins, Editor of The Link

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### *Hello Summer*

**S**ome of the finest moments are  
**U**nscribed. Some of the sweetest  
**M**emories are found in the  
**M**ost unexpected corners.  
**E**mbrace the mystery, as that's where  
**R**eal happiness resides.

[OurMindfulLife.com](http://OurMindfulLife.com)

*If you have any stories to share on your therapy work, please do email them to me at [thelink@nactspc.co.uk](mailto:thelink@nactspc.co.uk) for inclusion in the Autumn 2024 Edition of The Link ... thank you, Liesl*