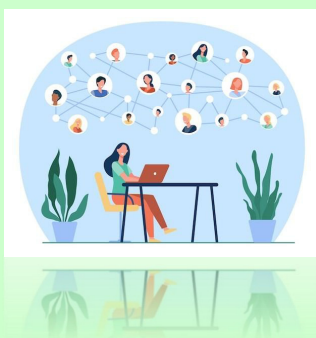


NACTSPC REGIONAL MEETING UPDATE



*"Networking is not
collecting contacts.
Networking is about
planting relationships"*
Sarah Anthony

NACTSPC SCOTTISH REGIONAL GROUP CONFERENCE



On Thursday 16 May 2024, the SRG Conference was hosted by Kilbryde Hospice, based in South Lanarkshire. 14 delegates attended in person, with a further 2 joining online via Teams. We were delighted to welcome some new members to the association group as well.

There was a varied programme, including a fascinating Teams presentation by Sally Kay, author and Reflexologist, who created, researched and developed 'Reflexology Lymph Drainage' (RLD). Sally spoke of her extensive clinical practice and the significant results achieved by RLD. (The 'before and after' thermal imaging was remarkable).

Many thanks to Sally for being so generous with her time and knowledge.

A National Association update (including National CT Guidelines) was given. Interesting discussion took place around various issues including: Protocols around the treatment of patients/carers with DVTs/PEs.

The use of Aromatherapy essential oils with those receiving continuous O2 therapy.

Evaluation tools/outcome measures suitable for Complementary Therapies.

Delegates were also treated to a seated yoga session from Pamela Greer, Yoga Teacher and one of Kilbryde's volunteers.

An enjoyable and informative day was had by all. Delegates pictured below.