## NACTSPC REGIONAL MEETING UPDATE



"Networking is the art of building and maintaining connections for shared positive outcomes"

Devora Zack



NACTSPC Meeting at Barnsley Hospice 20th November 2023

Following a break of over three years the Yorkshire regional group met at Barnsley Hospice with 18 complementary therapists from around the region attending.

We had informative discussions around how services had changed in the different hospices since COVID and many different questions and answers were put to the group.

After some group business we broke for lunch and then all took part in a mindfulness craft activity before taking part in a wonderful relaxation led by Chris from Barnsley Hospice.

It was a truly joyful occasion with well known and new faces joining. We are planning to resume our twice yearly meetups to include some educational element.

Anyone who would like to join the group will be welcomed.

Please contact: gill.iredale@overgatehospice.nhs .uk for more information.