



NATIONAL ASSOCIATION of COMPLEMENTARY THERAPISTS in SUPPORTIVE and PALLIATIVE CARE

Annual Review 2023/2024



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Brief History of NACTSPC

Following an organised "Day of Exploration" at the Sara Lee Centre in July 1999, to bring together therapists working in Palliative Care, a strong feeling emerged that a support network for therapists working in this area should be established. Martyn Yates set up a Steering Group and held meetings in the South East to plan the creation of a National Association with support from St. Mary's Hospice, Birmingham.

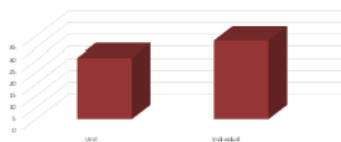
The first inaugural conference was held at St. Mary's in June 2000. An official Committee was voted in with Martyn Yates as Chairperson and Deborah Whitehead as Vice Chair.

The first official AGM and Conference was held in September 2001.

The original concept that the Association would be run by the members for the members is still important today. If anyone is interested in joining the Committee, please speak to one of the current members.



Membership



- At present there are 26 Unit Members, with 5 Units carried over.
- There are 33 Individual Members, with 7 individuals carried over.
- This is an overall increase in numbers since the last Annual review in 2022 when there were 38 Unit Members and 18 Individual Members.



Accounts

- Balance as of 31st August 2022:

£12,980.32

- Balance as of 31st March 2024:

£12,766.45

Working from Memberships and conference payments in 2024

2023
April 1480
May 1360
June 1300
July 1220
August 1170
September 1100
October 1040
November 980
December 920
Jan 870
Feb 820
March 770
Total £14,510

2024
April 1000
May 1000
June 1000
July 1000
August 1000
September 1000
October 1000
November 1000
December 1000
Total £10,000

Reference of 17th March 2024 £12,766.45

We have enjoyed these past 12 months so much so much we have the website that's new this year that comes through.

Members are coming in for this year's membership. Please bear with me in according to questions and anything you might see on the website that's new this year.

Thank you for your continued support. Ayla



National Guidelines

- Peter Mackereth and Ann Carter started work on updating the Guidelines in 2018, was interrupted due to Covid, but is reaching a conclusion.
- Peter and Ann have been working through the various sections of the Guidelines with some Members of NACTSPC Committee offering comments on the content.
- Update from Ann and Peter to follow.

Regional Groups

Group	Contact	Email & Telephone	Address
Central Southern England	Jamima Noale	jamima.noale@nhs.uk	URS NHS, St Richards Hospital, Chichester PO19 6SE
North West	Kelly De Souza	kelly025@willowbrookhospice.org.uk	Willowbrook Hospice, Portico Lane, Prescott, Merseyside L34 2DF
Lincolnshire	Vacant		
Midlands	Kalika Bruce/ Lind Hopkins	info@nhs.uk / lhopkins@richards.org.uk	St Richards Hospice,
North East	Amanda Kitton	amandakitton@butterwick.org.uk 01642 607742 / 07789 782377	Butterwick Hospice Care, Stockton New, TS19 8XN
N. Ireland	Michelle Gordon	michelle.gordon@nhs.uk	N.I. Hospice, Belfast, BT36 6WB
Scotland	Jarvis Blakeway (near Allen)	jarvis.blakeway@killybegshospice.org.uk 01255 202020	Killybegs Hospice East Kilbride G75 8GU
South Eastern	Sally Baker	Sally.Baker@nhs.uk	Elfenor
South West & Wales	Angela Green	angalgreen99@yahoo.co.uk	
Yorkshire	Gill Inedafe	Gill_inedafe@overgatehospice.nhs.uk	Overgate Hospice, Bland



Regional Groups Update

- Groups have continued to meet via Zoom/Teams and F2F. Please consider sharing a resume of your meeting with Liesl so that it can be included in the Link
- Welcome to Sally Baker who has taken on the role of Regional Group Lead in the South East, and to Gill Iredale RGL for Yorkshire
- Vacancy for Lincolnshire. Anyone who would be willing to take on this role please contact Angela Green for an information pack: angelagreen99@yahoo.co.uk



It would be great to hear something from all the groups, however small. We are here to support you in any way we can (advising about speakers, printing reports), so keep your group alive and keep up the good work!

For more information please contact Angela Green

regionalgroups@nactspc.co.uk



The Link

Your Link Needs You!

Our newsletter and magazine are being carefully curated by Liesl. As you will be aware, the success of THE LINK as a newsletter depends upon YOU! I'm sure many of you have lots of material which could be shared by others. Please share any news (big or small) with us.

Contributions welcome by post or email

Liesl Hopkins thelink@nactspc.co.uk



Google Groups & Facebook

- Google Groups continue to be used and is a good forum for asking information from other therapists and sharing knowledge and expertise.
- The group was set up specifically for Members of NACTSPC only and not the wider public of therapists.
- We now have 2 NACTSPC Facebook pages, our public page and a members only page
- Please continue to share information with each other via Google Groups and Facebook.



Website

www.nactspc.co.uk

Dedicated Members Area to access exclusive content including 'The Link', discounts on courses and networking. Regularly updated with news and events.



Membership Renewals:

- Only need to register for online account once
- At the end of the membership year (March), please follow the 'renew' process via your account login
- Automated invoice is then generated
- Once requested, we are able to access copies to send to you if needed
- Please feedback to us if any issues



Election of New Officers

- We desperately need new members to join us on NACTSPC Committee
- If anyone else would like to offer some of their time and commitment to enable NACTSPC to continue, please speak to a committee member today



Tribute to Angela Canellas



St. David's Hospice Care Newport

"Angela worked for St David's Hospice Care for 20 years. Starting as a Volunteer Complementary Therapist and working her way up to developing a successful career within the hospice managing our Complementary Therapy and Day Hospice Team. Angela had a significant influence on both our patients and staff here at St David's Hospice, she developed lots of friendships over the years. The loss of Angela leaves a huge hole within our team at St David's Hospice Care. She will be missed by so many"

NACTSPC Conference & 20th AGM Thursday 25th April 2024



Nurturing Nature in a Digital Age

at
Castle Bromwich Hall Hotel
Chester Road, Birmingham
B36 9DE