

2022 Annual NACTSPC Conference. End of Life Care: Supporting End of Life with Holistic Therapies
19th AGM
Wednesday 21st September 2022.

2021/2022 Review

Brief History of NACTSPC

Following an organised “Day of Exploration” at the Sara Lee Centre in July 1999, to bring together therapists working in Palliative Care, a strong feeling emerged that a support network for therapists working in this area should be established. Martyn Yates set up a Steering Group and held meetings in the South East to plan the creation of a National Association with support from St. Mary’s Hospice, Birmingham. The first inaugural conference was held at St. Mary’s in June 2000. An official Committee was voted in with Martyn Yates as Chairperson and Deborah Whitehead as Vice Chair. The first official AGM and Conference was held in September 2001. The original concept that the Association would be run by the members for the members is still important today. Anyone wishing to join the Committee is invited to speak with current Committee members about available roles.

Membership:

At present there are 38 Unit Members, with 12 Units still pending (50) and 18 Individual Members (this is a decrease in numbers since the last Annual review in 2019 when there were 74 Unit Members and 26 Individual Members).

Accounts:

Opening balance as of 31st March 2022: £9763.32

Balance as of 31st August 2022: £12,980.32

April 2021 – March 2022

	IN	OUT	
April 2021	£440.00	£360.00	Post Office
May	£805.00	£0.00	
June	£480.00	£0.00	
July	£365.00	£0.00	
August	£180.00	£500.00	Training
September	£100.00	£0.00	
October	£65.00	£500.00	Website
November	£0.00	£0.00	
December	£0.00	£0.00	
January 2022	£0.00	£0.00	

February	£0.00	£0.00	
March	£15.00	£0.00	
TOTALS	£2,450.00	£1,360.00	
BALANCE AT END OF MARCH			
£9763.32			

Change of Name:

The change of name was previously discussed at the AGM but on further discussion within the committee it was decided to incorporate the word Supportive in the name to make it more inclusive to our patient group and in keeping with the title of the National Guidelines. We have therefore replaced 'Hospice' with 'Supportive' and are now known as NACTSPC.

National Guidelines Update

Peter Mackereth and Ann Carter have taken on the task of updating the National Guidelines. This work started in 2018, was interrupted due to COVID-19 but is continuing on today.

Peter and Ann have been working through the various sections of the Guidelines with some Members of NACTSPC Committee offering comments on the content.

It is hoped that the final draft will be available in December 2022 with comments returned by February 2023.

Regional Groups

Some groups have continued to meet via Zoom etc. please consider sharing a resume of your meeting with Thelink@nactspc.co.uk so that it can be included in our newsletter/magazine.

Welcome to Kelly DeSouza who has taken on the role of Regional Group Lead in the North West.

Sarah Holmes who was the Lead in Lincolnshire has taken early retirement and resigned from the role. Many thanks to Sarah for her service over the years. She will be very much missed.

Martyn Yates, who was the Lead in the South East for many years, has recently resigned. Many thanks to Martyn who has also been in the role for many years and will also be very much missed.

Both roles remain vacant. Anyone who would be willing to take on either role please contact Teresa for an information pack regionalgroups@nactspc.co.uk. It would be great to hear something from all the groups, however small. We are here to support you in any way we can (advising about speakers, printing reports), so keep your group alive and keep up the good work!

The Link

Our newsletter is still functioning; we have tried our best to keep you update during the pandemic.

As you will be aware, the success of THE LINK as a newsletter depends upon YOU! I'm sure many of you have lots of material which could be shared by others. Please share any news (big or small) with us. Contributions welcome by post or email thelink@nactspc.co.uk.

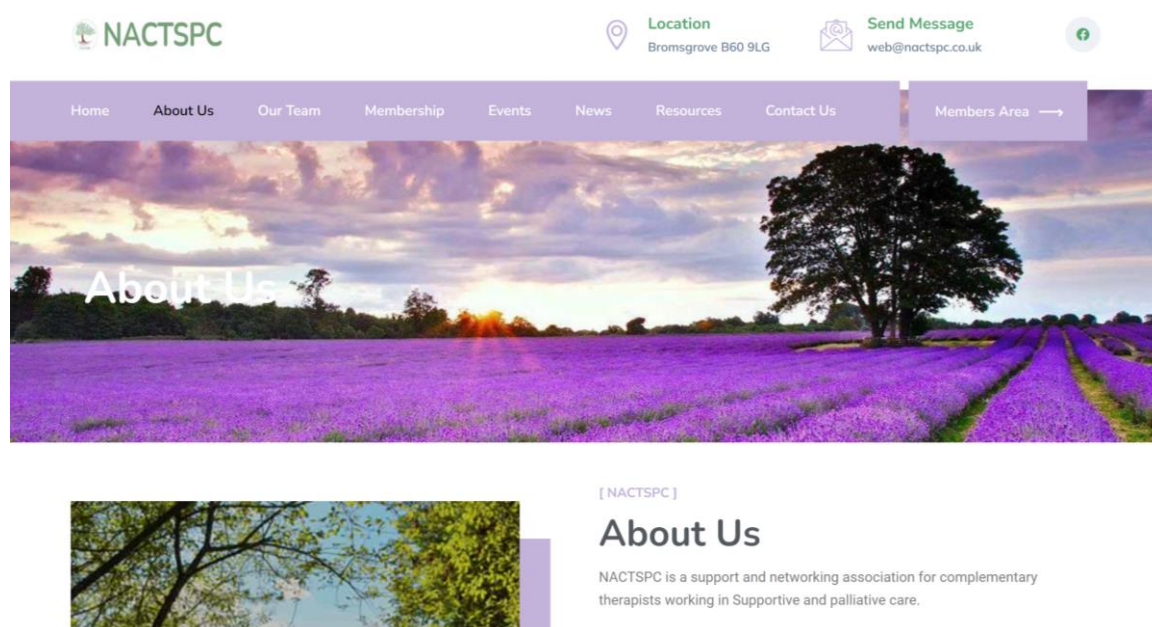
Google Groups and Facebook

Google Groups continue to be used and is a good forum for asking information from other therapists and sharing knowledge and expertise. The group was set up specifically for Members of NACTSPC only and not the wider public of therapists. We now have 2 NACTSPC Facebook pages, our public page and a members only page. Please continue to share information with each other via Google Groups and Facebook as this is a great way to share information and network with each other.

Website

NACTSPC has a new website for 2022: www.nactspc.co.uk. There is a dedicated Members Area to access exclusive content including 'The Link', discounts on courses and networking. Regularly updated with news and events.

Renewals: Only need to register for online account once . We now have an updated system for renewals which can be accessed online through your Members Area and payments can be made online. Please email membership@nactspc.co.uk if you have any queries or web@nactspc.co.uk for technical assistance.



Zoom Sessions for NACTSPC Members

NACTSPC have promoted Zoom workshops on Guided Imagery and Progressive Muscle Relaxation in 2020 which were facilitated by Peter Mackereth & Ann Carter. A Zoom mini-seminar took place in October 2021 on Therapeutic Uses of Aromasticks and Working with Clinical Neuropathy, hosted by Tim Jackson with Peter Mackereth, Ann Carter & Paula Maycock as speakers. These were advertised on Google Groups and our online channels and uptake was well received. On behalf of all of our members, the Committee wish to thank all of the speakers for their valuable contribution to the seminars.

Complementary Therapy Awards

The Chamberlain Dunn Complementary Therapy Awards returned this year in conjunction with the Integrative Health Convention. Due to COVID there was an online zoom ceremony on 11th February 2022. Congratulations to Mat Atkins (NACTSPC Member) who won the Palliative Care Award. A

special mention goes to Mary Rose Scott and Alison Sisu (also NACTSPC Members) who were shortlisted in this category. At The Power of Touch Awards, Angela Vigus (NACTSPC Member) won the Inspirational Therapist Award 2022. Well done to all!



Election of New Officers

We would like to officially welcome Liesl Hopkins to the NACTSPC Committee.

Sally Baker was nominated at the conference and we also welcome Sally to the Committee.